

Please provide **ALL** the requested information so that WildFox Events can send you important pre-event information

TEAM CAPTAIN'S DETAIL

TEAM NAME: _____
TITLE: _____ FORENAME: _____ SURNAME: _____
EMAIL: _____
DATE OF BIRTH: _____ GENDER: Male Female
ADDRESS: _____
TOWN/CITY: _____ COUNTY: _____ POSTCODE: _____
PLEASE SUPPLY **AT LEAST ONE** CONTACT NUMBER BELOW:
Work phone: _____ Home phone: _____ Mobile phone: _____

OTHER TEAM MEMBERS

TITLE: _____ FORENAME: _____ SURNAME: _____
EMAIL: _____
DATE OF BIRTH: _____ GENDER: Male Female
ADDRESS: _____
TOWN/CITY: _____ COUNTY: _____ POSTCODE: _____
PLEASE SUPPLY **AT LEAST ONE** CONTACT NUMBER BELOW:
Work phone: _____ Home phone: _____ Mobile phone: _____

OTHER TEAM MEMBERS

TITLE: _____ FORENAME: _____ SURNAME: _____
EMAIL: _____
DATE OF BIRTH: _____ GENDER: Male Female
ADDRESS: _____
TOWN/CITY: _____ COUNTY: _____ POSTCODE: _____
PLEASE SUPPLY **AT LEAST ONE** CONTACT NUMBER BELOW:
Work phone: _____ Home phone: _____ Mobile phone: _____

OTHER TEAM MEMBERS (maximum recommended 4)

TITLE: _____ FORENAME: _____ SURNAME: _____
EMAIL: _____
DATE OF BIRTH: _____ GENDER: Male Female
ADDRESS: _____
TOWN/CITY: _____ COUNTY: _____ POSTCODE: _____
PLEASE SUPPLY **AT LEAST ONE** CONTACT NUMBER BELOW:
Work phone: _____ Home phone: _____ Mobile phone: _____

Organised by:



Charities that will benefit:



Reg Charity No: 1089464

Reg Charity No: SC 019724

TEAM INFORMATION

Which distance do you and your team intend to complete? Bronze Silver Gold
This is for planning purposes only, if you feel like going for Gold on the day you can!

Do you require Mountain Bike hire at £37.50 per bike? Yes No

If yes, please note number of bikes and team member(s) _____

How many people will be in your support team: _____

We will issue your support team with wristbands to identify them. We ask that they are self-sufficient for food and drink throughout the event. Each participant's entry fee includes tickets for the feast on Saturday evening. Each team of four will also receive one additional complimentary support team ticket for the feast. Other support team members will be able to purchase additional tickets on the day at £20. Children under 12 go free.

ACCOMMODATION

Please indicate: Hotel/B&B: Yes / No If Yes, Hotel/B&B name: _____

Camping with own tent: Yes / No If Yes, number of tents: _____
Loos and showers are provided onsite on Saturday

T-SHIRTS (one t-shirt per competitor): Small _____ Medium _____ Large _____ X-Large _____

PREVIOUS RELEVANT EXPERIENCE (delete as appropriate)

Have you done this event before? Yes / No If so, when? _____

Which similar events have you done in the past? _____

How did you hear about this event? _____

MEDICAL QUESTIONNAIRE

Each team member **MUST** complete the attached Medical Questionnaire and return it to WildFox Events, Kindrochit House, Ardtalnaig, Aberfeldy, Perthshire PH15 2HX. **We cannot register participants until a completed medical questionnaire has been received.** Please return these individually if information is private.

WE ASK THAT ALL PARTICIPANTS CHECK WITH THEIR DOCTOR THAT THEY ARE FIT FOR THIS EVENT.

REGISTRATION FEE – £100 PER PERSON (non-refundable)

£100 registration fee per person £ _____

£37.50 bike hire per person (if required) £ _____

Total Enclosed £ _____

**Take advantage of our EARLY BIRD DISCOUNT
£70 pp before 31 January 2010!**

Please tick if registration qualifies for the
CORPORATE TEAM INCENTIVE

The fee includes a registration pack, refreshments and services at check points/water stops, medical and logistical support, camping facilities, sports massage, Saturday feast, ceilidh, spectacular fireworks.

Please return this form with a cheque made payable to **Artemis Charitable Foundation** to: Kindrochit House, Ardtalnaig, Aberfeldy, Perthshire PH15 2HX. Please enclose the fee in full to secure your places. We cannot hold places without the fee being paid in full for the team.

Fundraising

In addition to the registration fee, EACH participant pledges to raise a **minimum of £400** in sponsorship for CHAS and Cancer Research UK.

The easiest way to collect sponsorship is by setting up your own fundraising page online using www.justgiving.com/artemis and selecting the Artemis Highland 100. All offline sponsorship cheques should be payable to Artemis Charitable Foundation and sent to Artemis Highland 100, 42 Melville Street, Edinburgh EH3 7HA.

Teams who raise substantially less than the pledged amount will not be allowed to participate in the event in future years.

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EVENT REGULATIONS

The Artemis Highland 100 is organised by the Artemis Charitable Foundation (a charitable trust registered in Scotland, number SC037857) of 42 Melville Street, Edinburgh, EH3 7HA. WildFox Events Limited is being employed to manage the event on our behalf.

By registering to take part in the Artemis Highland 100 you are agreeing to the following conditions of entry and any instructions given to you by the organisers, officials and marshals before, during or after the event.

- You and your team members must be at least 16 years of age on 11th September 2010. Any under 16's accompanying you must have the consent of a parent or guardian and be supervised by a nominated adult at all times whilst on the event.
- You and your team members will pay the Artemis Highland 100 a non-refundable registration fee when registering. For a limited period the registration fee has been reduced to £70 (until 15 January 2010) – whereafter it will revert to £100. Your place is not secured until this fee is received, but if the Artemis Highland 100 is full we will refund your registration fee.
- You and each team member will endeavour to raise at least the minimum sponsorship requirement of £400 per person. You and your team members will send all of the sponsorship money, which you have raised, to the The Artemis Charitable Foundation as soon as possible. If for any reason you or any of your team members choose not to take up your place or the event is cancelled, or you are not permitted to take part in the event, all sponsorship forms and money collected must be forwarded to the The Artemis Charitable Foundation and will not be refunded.
- You and your team members are responsible for ensuring that you have the appropriate level of fitness to participate in the Artemis Highland 100. You and your team members are strongly advised to consult a doctor before undertaking any strenuous exercise or training programme, or participating in the event.
- You and your team members are taking part in the Artemis Highland 100 at your own risk. The organisers will have no responsibility for any risk, loss or costs which you incur in connection with the event and you will indemnify the organisers and any persons acting on their behalf for any risk, damages, loss or costs arising as a result of your participation in the event. The organisers will not carry insurance in relation to your participation in the event so it is your responsibility to obtain any necessary insurance in connection with the Artemis Highland 100.
- Prior to and during the event you and your team members will be responsible for your own safety, you will take all reasonable care to ensure the safety of other participants and you will comply promptly with all instructions and guidelines given by the organisers and any persons acting on their behalf. You must not deviate from the official route which will be marked by Artemis Highland 100 signage from start to finish. Signs will also indicate when you are approaching a refreshment stop. There will be marshals located on the route and all volunteers and staff involved in the event will be clearly identifiable.
- The marshals do not have the authority to stop motorists; they are there for your safety and other road users. Please listen and obey their instructions. Most of the route will be on minor roads but these will not be traffic free. You must obey all road traffic legislation and Highway Code Rules; failure to do so may lead to disqualification. You are requested to ride in single file where appropriate and no more than two abreast at any time. Please be aware of and have respect for your fellow cyclists and other traffic, in particular on those sections of the route on single track roads.
- All teams and riders will be given an event identifier either prior to the ride or at registration, which must be displayed for identification at checkpoints and is your passport to refreshments and logistics if needed.
- If you are using your own bike you must ensure that it is mechanically sound and roadworthy. No bike, tandem or other machine, conventional or otherwise, is permitted to have unconventional handlebars including triathlon bars, aero bars, clip-ons, prayer bars, and cow bars. However, ATB bar ends are permitted on mountain bikes.
- Safety-approved cycling helmets are **COMPULSORY**. All riders are recommended to carry two drink bottles, energy bars or similar snacks, tools, two replacement inner tubes and suitable wet weather clothing. We also advise that riders carry ID and a small amount of money. You may not use your mobile phone while riding. You must stop at the side of the road if you need to make or receive a call.
- No participant (other than those on tandems) may take food or drink from anyone whilst on the move. If you need food or drink, you must stop to receive it. Mobile support vehicles in the form of cars or motorbikes are strictly forbidden and will lead to disqualification. You may however receive support from a stationary vehicle and any such vehicle must not interfere with the progress of other riders or obstruct other traffic.
- The organisers reserve the right to terminate an individual's ride on health and safety grounds. The Artemis Highland 100 will take place regardless of bad weather and will only be cancelled, re-routed or stopped for reasons of safety. Entry fees, however, are not refundable.
- You must complete the course within 12 hours to be classified as a finisher.
- Team entries will only be deemed as having completed the course when the last member of the team has crossed the finish line, upon which becomes the official finishing time for the team entry.
- In the course of registering and participating in the Artemis Highland 100 we will collect personal data from you, your team members and your support members. We may process and use the personal data collected for administrative, research and publicity purposes. By entering the event you give us permission to use your name (and that of your team, team members and organisation that you represent), voice or picture in any broadcast, telecast, advertising material, or other account of the Artemis Highland 100. Photos taken during the event by our official photographer may be used in Artemis Highland 100 marketing literature. We may also pass your details to our PR agency who may contact you for promotional purposes. We may also use this information to send you information about future events which we think may be of interest to you. You are entitled to request access to, and correction of, all personal data collected by us, as well as requiring us to delete your data if you no longer wish us to process it after having taken part in the Artemis Highland 100. To make such a request please e-mail us on: info@wildfoxevents.com

Organised by:



Charities that will benefit:



Reg Charity No: 1089464



Reg Charity No: SC 019724

DISCLAIMER

THIS MUST BE READ AND SIGNED BY EVERY PARTICIPANT

ONLY THOSE PARTICIPANTS THAT HAVE COMPLETED AND RETURNED THE DISCLAIMER WILL BE ELIGIBLE TO PARTICIPATE

All participants enter into the Artemis Highland 100 of their own will, understanding the arduous nature of the event. As such they must be medically fit to participate and take full responsibility for their own personal health and fitness.

Throughout the event, participants will be checked for their suitability to continue on grounds of capability including their equipment and state of health. If any of the marshals and medical staff believe that the safety of the individual will be compromised by their continued participation, they reserve the right to ask that person, or persons, to stop. If that person or persons continue on the route they will no longer be officially participating in the event and Artemis, WildFox Events Ltd and associates take no further responsibility for their participation.

All participants agree to abide by the terms and conditions set out in the Artemis Highland 100 Safety Brief.

All participants pledge to raise £400 for the nominated event charities.

I understand and accept the attached Event Regulations and will participate entirely of my own free will.

Signature:	_____	Signature:	_____
Date:	_____	Date:	_____
Name (BLOCK CAPITALS):	_____	Name (BLOCK CAPITALS):	_____
Team name (BLOCK CAPITALS):	_____	Team name (BLOCK CAPITALS):	_____
My mobile number:	_____	My mobile number:	_____
Next of kin name:	_____	Next of kin name:	_____
Relationship:	_____	Relationship:	_____
Mobile number:	_____	Mobile number:	_____

Signature:	_____	Signature:	_____
Date:	_____	Date:	_____
Name (BLOCK CAPITALS):	_____	Name (BLOCK CAPITALS):	_____
Team name (BLOCK CAPITALS):	_____	Team name (BLOCK CAPITALS):	_____
My mobile number:	_____	My mobile number:	_____
Next of kin name:	_____	Next of kin name:	_____
Relationship:	_____	Relationship:	_____
Mobile number:	_____	Mobile number:	_____

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www.matterhornmedical.com

PROVIDING THE HIGHEST
QUALITY MEDICAL SUPPORT

Participant Medical Questionnaire

Artemis Highland 100, Saturday 11 September 2010

Please complete this questionnaire and return it with your Registration Form. It is for your own safety that we find out as much as possible about your medical history. In the event of an accident or illness the medical team will need this information. All your answers will be treated in the strictest confidence and will not necessarily adversely affect your participation in the event. We will attempt to accommodate everybody, but do reserve the right to refuse participation on medical grounds if we feel your safety may be compromised. Any decision made will be in consultation with you. Should any of your medical details change after you have completed this form then you must inform us. Please note that completing this form does not screen you as medically fit for the event. If you feel there is any risk to your health by taking part in the event then we ask you to get your doctors consent to participate.

Please use BLOCK CAPITALS throughout the form

1. Personal Details

Name: _____
 Email: _____
 Date of birth: _____ Age: _____
 Daytime phone number: _____ Name of your GP: _____
 Evening phone number: _____ Your GP's phone number: _____
 Support team contact name and mobile number (if applicable): _____

2. Do you suffer or have you ever suffered from (delete as appropriate):

Heart trouble and/or blood pressure problems?	YES / NO
Asthma, bronchitis and/or shortness of breath?	YES / NO
Diabetes?	YES / NO
Epilepsy and/or fainting attacks?	YES / NO
Migraine?	YES / NO
Severe head injury?	YES / NO
Back problems?	YES / NO
Allergies?	YES / NO
Fractures, tendon, ligament/cartilage damage?	YES / NO
Physical or other disability?	YES / NO
Psychiatric or mental illness?	YES / NO
Have you attended hospital for ANY investigations/treatment in the last two years?	YES / NO
Are you suffering from or a carrier of any infectious diseases?	YES / NO
Are you registered as disabled?	YES / NO



www.matterhornmedical.com
PROVIDING THE HIGHEST
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Participant Medical Questionnaire

3. If you have answered YES to any of the questions in 2 above, please give further details below
(use a separate sheet if required)

4. Do you currently use any form of medication regularly? YES / NO
(delete as appropriate)

5. If YES, please give details below. Please also note any ALLERGIES separately:

6. NEXT OF KIN (Please give full name and address)

Name: _____
Address: _____
Daytime phone number: _____
Evening phone number: _____
Relationship: _____

In the event of an accident or illness whilst taking part in this event, I hereby give permission for Matterhorn Medical staff to initiate medical treatment and to inform my next of kin in case of hospitalisation.

To the best of my knowledge this is a true and accurate description of my medical history and current condition. I understand that I am taking part in an event in a remote and rural location where there will be a longer medical response time in the event of emergency. I agree to take part in this event at my own risk and will not hold Matterhorn Medical responsible in the event of acute illness, injury or death.

Participants must agree to inform Matterhorn Medical of any medical or other condition that might affect their ability to take part in the event.

Date: _____

Print Name: _____

Artemis Highland 100, Saturday 11 September 2010

